## WHAT IS CLAIMED IS:

1. A seat cushion comprising:

a pair of generally flat pads for supporting a 5 user's buttocks;

a handle disposed between the pads for carrying said seat cushion;

arms, interconnecting the pads and said handle, for holding the pads in a spaced apart relationship and enabling grasping of said handle by the user, said arms being flexible for enabling the pads to the oriented in both a planar relationship for supporting the user's buttocks and a coplanar relationship for enabling transport of said seat cushion by the handle.

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- 2. The seat cushion according to claim 1 wherein said handle and said arms are recessed from a top of each of the pads for enabling the user's coccyx to depend between the pads in order to prevent pressure on the coccyx.
- 3. The seat cushion according to claim 2 wherein the pads, arms and handle are integrally molded.
- 4. The seat cushion according to claim 3 wherein said arms include forearms and aftarm each joined to opposite ends of said handle.
- 5. The seat cushion according to claim 4 wherein each of the pads include an arcuate forward perimeters, the forward perimeters been joined by the forearms.

- 6. The seat cushion according to claim 5, wherein each of the pads include an arcuate rearward perimeter, the rearward perimeter being joined by the aftarms.
- 7. The seat cushion according to claim 2 further comprising means for releasably holding the pads in the coplan relationship.
  - 8. A seat cushion comprising:
- a pair of generally flat pads for supporting a user's buttocks, the pads having minor image perimeters;
  - a handle disposed between the pads for carrying said seat cushion;
- arms, interconnecting the pads and said handle,

  for holding the pads in a spaced apart relationship and
  enabling grasping of said handle by the user, the arms
  being flexible for enabling the pads to be oriented in both
  a planar relationship for supporting the user's buttocks
  and a coplanar relationship for enabling transport of said
  seat cushion by the handle.
  - 9. The seat cushion according to claim 8, wherein said handle and arms have a thickness smaller than a thickness of the pads and are disposed between the pads for enabling the user's coccyx to depend between the pads in order to prevent pressure on the coccyx.
- 10. The seat cushion according to claim 9 wherein the handle arms and pads each have a bottom surface disposed in a single plane with the pads oriented for supporting the user's buttocks.

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- 11. The seat cushion according to claim 10 wherein the pads, arms and handle are integrally molded.
- 12. The seat cushion according to claim 11 wherein said arms include forearms and aftarms each joined to opposite ends of said handle.
- 13. The seat cushion according to claim 12 wherein each of the pads include an arcuate forward perimeters, the forward perimeters being joined by the forearms.
  - 14. The seat cushion according to claim 13 wherein each of the pads include an arcuate rearward perimeter, the rearward perimeter being joined by the afterms.

- 15. A seat cushion comprising:
- a pair of generally flat pad for supporting a user's buttocks;
- a web, interconnecting the pads, for holding the pads in a spaced apart relationship, said web being flexible for enabling the pads to be oriented in both a planar relationship for supporting the user's buttocks and a coplanar relationship for enabling transport of said seat cushion; and
- a handle attached to said web for carrying the pads in the coplanar relationship.
- 16. The seat cushion according to claim 15 wherein said web and handle are recessed from a top of each of the pads for enabling the user's coccyx to depend between the pads in order to prevent pressure on the coccyx.

- 17. The seat cushion according to claim 16 wherein the pads, web and handle are integrally molded.
- 18. The seat cushion according to claim 16 wherein 5 said handle is separately attached to said web.
  - 19. The seat cushion according to claim 18 wherein each of the pads include an arcuate forward perimeter, the forward perimeters being joined by said web.

- 20. The seat cushion according to claim 19 wherein each of the pads include an arcuate rearward perimeter, the rearward perimeter being joined by said web.
- 15 21. The seat cushion according to claims 19 wherein said web comprises a pair of forearms attached to one end of said handle and a pair of aftarms attached to another end of said handle.
- 20 22. The seat cushion according to claim 21 further comprising a non-slip surface disposed on a bottom side of each pad.
- 23. The seat cushion according to claim 16 further 25 comprising means for releasably holding the pads in the coplanar relationship.